

10A NCAC 28D .0205 INDICATIONS FOR USE OF PHYSICAL RESTRAINTS

Physical restraints shall be used only:

- (1) in those situations specified in G.S. 122C-60;
- (2) after consideration of the client's physical and psychological well-being as specified in Rule .0203(b) of this Section; and
- (3) after a less restrictive alternative has been attempted or has been determined and documented to be clinically inappropriate or inadequate to avoid injury. Less restrictive alternatives that shall be considered include but are not limited to:
 - (a) counseling;
 - (b) environmental changes;
 - (c) education techniques; and
 - (d) interruptive or re-direction techniques.

History Note: Authority G.S. 122C-51; 122C-53; 122C-60; 122C-62; 143B-147; Eff. October 1, 1984; Amended Eff. November 1, 1993; April 1, 1990; July 1, 1989; Temporary Amendment Eff. January 1, 2001; Amended Eff. August 1, 2002; Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.